

# BRING HOPE HUMANITARIAN FOUNDATION

ANNUAL REPORT 2019



Data in this report is drawn from the recent available statistics from BHHF and other partners and agencies.

Designed by Uche Osoka.

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*Dr. Mariwan Baker, PhD.*

***Let me start by thanking you for taking the time to read about Bring Hope's humanitarian efforts during 2019!***

Bring Hope Humanitarian Foundation exists to serve humanity by restoring dignity for those in desperate need through different initiatives. Our mission is to alleviate suffering by delivering humanitarian aid and medicines, as well as medical supplies and equipment to displaced and poor people regardless of gender, race, religion, ethnicity, and age differences.

During our four-year journey we have reached more than one and a half million people in need across the world, and delivered more than four million medical treatments and supplies, up to three million hygiene items, and in total up to 200 loads (40' containers) of humanitarian aid. This was only possible thanks to our collaborators, international organizations, corporations, volunteers, donors and pro-bono partners on the ground and around the world.

Life on this earth is quite unfair for some of us, especially those with limited access to the most basic human needs. Consequences of devastating wars, natural disasters, and poverty are often the cause of suffering for the most vulnerable groups. The victims of war always outnumber victims from other causes. The vision of Bring Hope Humanitarian Foundation is that **Bring Hope will be the most generative power in establishing harmony for displaced individuals**, by dealing effectively with the root of the challenges. This implies bringing back PEACE by creating a harmonious atmosphere for victims that enables them to provide for their basic needs, putting food on the table through hard work, discipline, and learning.

It is important to remind ourselves that during our life journey, we ALL need a helping hand one day. The ones present for us during our hard-times give us the best gift we can have in our life. Bring Hope Humanitarian Foundation's philosophy is to be that helping hand for thousands of individuals who are in need of our services. The less fortunate groups mainly need help for survival, and hope to believe in a brighter future. **Giving a helping hand on the ground is what they need.**

Humanitarian relief is mostly about restoring HOPE and DIGNITY for the people who often have lost their possessions, and sadly all HOPE. *As a personal survivor of many wars, being myself displaced and a refugee for many years,* I can emphasize that dignity and hope are an essential element of the humanitarian relief Bring Hope provides. As the founder, my goal has always been to help victims and also teach them to give a helping hand to others in the future.

As human beings, each of us alone can help many people surrounding us, but through collaboration, during which different skills are merged, we increase in effectiveness and this is our key to delivering help to a greater number of people in need. Bring Hope's rules are simple:

- (1) The Foundation is the tool to mobilize more help, and reach an increased number of poor and displaced people.
- (2 ) Always deliver without expectation in return;
- (3 ) Help them on the ground, precisely where they belong;
- (4 ) Teach individuals to draw from their past and to help others in the future;
- (5 ) Collaboration and trust are what we believe in.

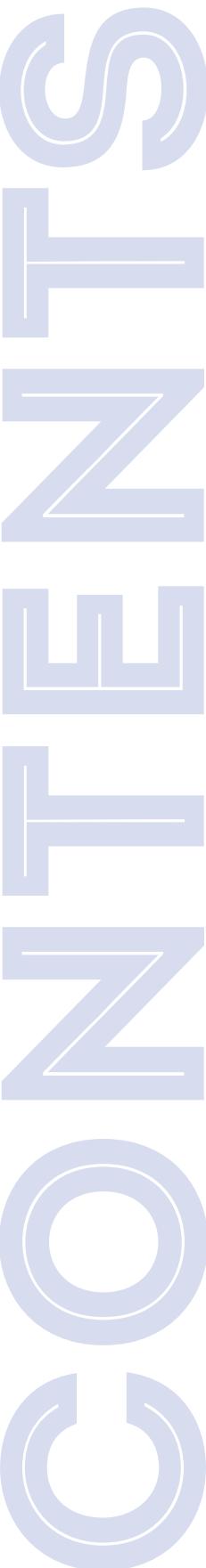
Lastly, I want to thank you again for dedicating valuable time to read this report, and hope you will join us through our journey to guide those we serve in finding their way back to happier, healthier lives that are self-sustaining. We need your valuable time, and your skills!

Last words; Anyone can bring hope!

**Dr. Mariwan Baker**

**Founder of Bring Hope Humanitarian Foundation**

A handwritten signature in blue ink, appearing to read "Mariwan Baker".



Our Story	6
Our Vision	7
Our Mission	7
Our Objectives	7
Projects and Programmes	8
Healing Project	8
<i>Module: Lost &amp; Found</i>	8
<i>Module: Create your World</i>	9
<i>Module: Yogalele</i>	9
<i>Module: Train the Trainer</i>	10
<i>Module: Together We Change</i>	11
<i>Module: DEFEND thy-SELF</i>	12
Humanitarian Aid	14
Medical Aid	14
Partners and Volunteers	15
Events	16
<i>Trust Conference London</i>	16
<i>UNHRD Global Partner Meeting 2019</i>	16
<i>GENEVA World Peace Day</i>	17
<i>The Soldiers of Peace International Gala</i>	17
YEAR 2020	18
2019 – In Summary	19

# Our Story

Bring Hope Humanitarian Foundation (BHHF) began in Erbil Iraqi Kurdistan in 2015 as a local non-governmental organization and in 2018 was recognized as a global NGO. BHHF has given both short-term and long-term help to the less fortunate, refugees, victims of natural disasters and people going through wars and famines. In its capacity as a global foundation with headquarters in Sweden, BHHF has also provided medicine, hygiene items and humanitarian aid to multiple countries around the world.

Our organization is an emerging global movement dedicated to bringing hope to millions of displaced people within their own country and region where they are in significant need of basic requirements, support and skills to restore their lives, a sense of belonging, and to thrive. This has been achieved through Bring Hope's capabilities-based network that has led to sustainable partnerships. Once partnerships have been established, Bring Hope acted as the facilitator between our targeted groups and donors in order to bring material and non-material aid.

Throughout the last 4 years, Bring Hope Humanitarian Foundation reached over one million people living in poverty and our organization is determined to reach even more people in the next years to come.



# Our Vision

To meet the changing needs of the most vulnerable groups regardless of their age, gender, religion, ethnicity, or nationality and to preserve human dignity and provide hope.

# Our Mission

To save lives and alleviate suffering globally by delivering humanitarian and medical aid to people experiencing displacement and poverty.

# Our Objectives

Our immediate aim is to provide care primarily in the form of humanitarian aid, medicines and medical equipment to the most vulnerable individuals with the objective of giving relief and preserving human dignity. Our long-term goals are to provide agricultural and sustainable programs with the objective of bringing hope for a peaceful future.



# Projects and Programmes

## Healing Project

The Healing Project is designed to help people on a deeper, more emotional level and to restore a person's own power. Anger, frustration, loss, trauma, alienation, and depression will be addressed through various forms of healing innovations.

Peace building -- in thinking and practice -- will be more sustainable, have a bigger impact, and create a greater change when psycho-social aspects, such as the behavior of decision-making, are integrated through our programmes.

Healed and empowered individuals can play a positive, peace-enhancing role in their communities, institutions, and all sectors of society.

## Module: Lost & Found

### Overview:

Connect with inner power, to reconnect with the ability to take responsibility for rebuilding your Dignity and your Purpose.

### Objectives:

- Refugees learn to heal on a deeper, emotional level in order to restore their personal power and potential.
- Make peacebuilding more sustainable in thinking and practice
- Tackle psycho-social aspects via age-appropriate methods and integrate positive decision-making within kids (8 to 12yrs), teenagers (13 to 17yrs) and adults (18 +yrs.)



## **Module: Create your World**

### **Overview:**

Empowering children to imagine their bright futures.

### **Objectives:**

- Aim is to demonstrate that children can drive change themselves and age is not a barrier to doing so.
- Introduce practical and experiential activities to help children start thinking about what they really want their world to be like and how they can work together
- Fostering an understanding of what resources make positive changes and how they can contribute with their own skills, knowledge and personal attributes.



## **Module: Yogalele**

### **Overview:**

Find your healing and expression with yoga and ukulele.

### **Objectives:**

- Deliver a unique musical module developed for healing and expression of thoughts and emotions
- Relieve stress and anxiety in children through yoga, relaxation, singing and ukulele playing.
- Children will learn relaxation techniques and express themselves through music, increasing their sense of belonging to a group and their self-esteem.



## **Module: Train the Trainer**

### **Overview:**

Provide training solutions to NGO staff on the ground in Iraq to ensure that the healing programme can be run as a long-term, self-sustaining project.

### **Objectives:**

- Empower nominated staff of the various NGOs and university students to deliver the "Together we change" workshop for the refugees within Iraqi Kurdistan.
- Through practical techniques, provide healing solutions to the NGO staff exposed to stressful work situations in order to foster effective solutions to deal with stress and help them to effectively face challenges and provide solutions on ground.
- Collaborate between organizations to expand the reach of healing and peacebuilding techniques.
- Create a real time plan to address the problem and plan implementation of the solution with potential resources required at organizational level.



## **Module: Together We Change**

### **Overview:**

Strengthening community relationships to facilitate positive individual development.

### **Objectives:**

- Deliver comprehensive workshops to guide and encourage participants from refugee communities and NGO staff on ground to start thinking, planning and acting on real time solutions for themselves.
- Teach stress elimination and healing techniques to develop mental strength and reduce dependency on external supports.



## Module: DEFEND thy-SELF

### Overview:

Teaching basic self-defense to women and children in IDP and refugee camps.

### Objectives:

- Children and adults both have experienced violence during displacement and are still traumatized during the post-conflict period, they learn that they can fight back to protect themselves
- Make participants aware, prepared, and ready for any situation that needs self-defense in everyday life.
- Gain control over body, mind and other perceptions around self-defense systems





# Humanitarian Aid

Since Bring Hope was established, it continues in its duty of providing support for IDPs, refugees, and vulnerable local communities. It is our responsibility to meet some of their necessary requirements for them to lead a normal life as much as possible in such hard life circumstances. During these years we have received more than 100 containers from different countries such as: Holland, Dubai, Canada, Macedonia, Germany, Sweden, India.

Bring Hope has been donated clothes, bags, shoes, medicines, medical supplies, foods, J &J products, toys, blankets, Christmas gifts, etc. Emergency relief is the primary mission of BHHF's humanitarian aid activities. The main goal of such operations is to save lives and alleviate suffering. The humanitarian aid of BHHF responds rapidly on the ground, guided by the specific needs and in accordance with the fundamental principles of humanity, neutrality, impartiality and independence.

# Medical Aid

In 2019, Bring Hope Humanitarian Foundation has delivered approximately 300.000 treatments of most needed medications, prepared in special kits, to hospitals, clinics in the camps, mobile clinics, as well as medical teams.

The kits include a broad range of primary healthcare products including micro-nutrients and antibiotics to fight opportunistic infections, anti-inflammatory medication, diarrhea relief, high blood pressure medication, pain relief and fever, antivirals, antifungals, asthma, respiratory tract infections, urinary tract infections, esophagitis (stomach acid), skin infections, antihistamine (allergy), anti-nausea and vomiting, eye infections, skin inflammations and eczema, Vitamins, Calcium, skin infections and multivitamins.

	FROM	DATE	TREATMENTS	ORIGIN
1	IHP	15/1	1100000	GERMANY
2	IHP	15/1	50000	UK
3	HPIC	18/1	30000	CANADA
4	HPIC	27/6	30000	CANADA
5	IHP	17/10	10000	SWEDEN
6	HPIC	8_11	30000	CANADA
7	IHP	6_12	40000	LONDON

**No OF LOADS IN 2019 - 40 CONTAINERS**

**VALUE OF LOADS - 5.5 MILLION USD**

# Partners and Volunteers

The value that Bring Hope delivers to our beneficiaries would not be possible without strong collaboration from our volunteers and partners all over the world. We recently received a truck full of humanitarian aid that came all the way from Sweden. It was filled to the brim with pallets full of clothes and glasses. We were able to unload the truck in our warehouse in Iraq and do a full inventory. This is needed so we know exactly what we have so we can allocate it to the places that need it most. Our goal is always to have an empty warehouse after distribution. We don't want humanitarian aid sitting in our warehouse while there are communities that need it. Having an empty warehouse also assures there is always space for new donations and make it easy for us to act quick in emergency situations. Right after unloading the truck and doing inventory we start distributing it to many different places. We make sure it all gets to the communities who otherwise won't get help. Communities that live in refugee camps, children that live in orphanages, people who are ill, families that live below the poverty line or are homeless and people that lost everything due to war and conflict. In other words; human beings. A lot of the times we organize the distributions ourselves but we also make sure to bring the necessary aid to clinics, schools and hospitals and they make sure it gets to the people who need it. Everyone deserves help. And together with all of you who donate, whether it is humanitarian aid, a financial donation or your words of support we can reach those communities and make a difference in the world. That's why we would like to thank all of you and our donors who are responsible for us being able to carry out our mission and bring hope to those who need it most.

*Thank you!*

**Beyond Retro & Opo here:**  
<https://www.beyondretro.com>  
<https://www.opo.se>



# Events

## **Trust Conference London**

Bring Hope Humanitarian Foundation attended this year's annual Trust Conference: Inform-Connect-Empower.

The event was hosted by Thomson Reuters Foundation and was held in the heart of London on the 13th and 14th of November 2019. The conference brought together some 600 delegates from diverse sectors representing more than 60 countries.

Day one addressed creating a fairer economic system for those left behind, and day two looked at closing civil society space, with a focus on the right to privacy and freedom of expression. The delegates heard from those who have lived through experiences that have turned them into powerful activists.

Human rights issues were discussed, from personal freedoms to climate change and cutting-edge innovations. Global icons shared their vision for an economic system where no one is left behind, tech giants answered tough questions on digital disinformation, titans of journalism discussed challenges of telling the truth in a post-truth era and journalist spoke from personal experience about how media freedom is under attack.

The delegates also heard from six of the 56 changemakers at the conference who were selected from 5,000 applicants from all over the world, the changemakers were invited to share their insights into working on the frontlines of human rights. The two-day conference was packed with interesting conversations and innovations and truly inspiring stories of perseverance and courage.

## **UNHRD Global Partner Meeting 2019**



2019 UNHRD GLOBAL PARTNER MEETING



23 – 24 October 2019  
UNICEF Supply Division  
Copenhagen, Denmark

Forty-one participants from 33 organizations gathered in Copenhagen for the 2019 UNHRD Global Partner Meeting representing UN agencies, governmental and non-governmental organizations. The objectives of the meeting were to: follow up the 2018 GPM action points, review stock rotation strategies, evaluate KPIs, present current initiatives for feedback, and overall find solutions for stronger emergency preparedness and response from UNHRD.

## **GENEVA World Peace Day**



*Bring Hope participated in the GENEVA World Peace Day.*

## **The Soldiers of Peace International Gala**



PERMANENT DELEGATION OF FRANCE

TO UNESCO

## **The Soldiers of Peace Internatior**

8 October 2019

Bring Hope was invited to participate in 'The Soldiers of Peace International Gala' on the 8th of October 2019 at the UNESCO House in Paris, along with other organizations, to pay tribute to the UN peacekeepers.

# YEAR 2020

## ***Plans for 2020:***

Bring Hope will collaborate with a program such as 'Coaching Boys into Men' that work with boys aged 11-14 to deliver relationship abuse and sexual violence prevention programs.

## ***Plans:***

- Hong Kong registration ready
- Register Bring Hope in San Francisco
- A new website will be launched
- Getting the structure for Bring Hope USA in place
- Building Onboarding and Competencies structure
- An active Fundraising Team in Sweden and USA
- Expand Code of Hope
- Initiate the STEM project, providing education within IT for children and youth in refugee camps
- Expand Heart of Hope to African countries
- Follow up on the Peace Day Event in Geneva together with Geneva Diplomatic Circle
- Deliver more medicine to the hospitals in Iraqi Kurdistan
- Follow up on the awareness around the Corona virus and the importance of hygiene

## ***Goals for 2020:***

- Expand aid to more African countries. South Africa, Ethiopia, Malawi, Sierra Leone, Gambia, Sudan, Ivory Coast, Togo, and Kenya.
- Establish collaborations with NGO in Bangladesh, Pakistan, India and Yemen.
- New donors and partners in USA and Sweden.
- Attending Riyadh International Humanitarian Forum
- Attend DIHAD in Dubai June 2-4
- Attend UN Global Compact Leaders' Summit in New York June 15-16
- Restart the Sewing Hope

## 2019 – In Summary

In Erbil, Northern Iraq, the year started with the distribution of jackets, duvets and blankets for the winter season. Different groups of people, among them many Syrian refugees and displaced people, were kept warmer and benefitted thanks to generous donations. The distributions of humanitarian aid and medical aid have been many throughout the year. In addition, there have been different projects and activities for children and adults to restore hope and dignity. First aid training has been carried out, hygiene sessions with hygiene products donations, breast cancer awareness sessions, yoga for men, women and children, ukulele classes, and computer education to mention a few.

The team on the ground is devoted to doing what they can to support people in need across the region. During 2019, the influx of Syrian refugees into the area increased due to the latest instability in Syria. Currently, there are approximately 900,000 internally displaced people and up to 300,000 Syrian refugees, add to that other refugees of different religions, ethnicities and nationalities in 40 camps spread across the region. The needs are the same basic needs all of us humans have. For those in need of medical care we are proud to say that Bring Hope Humanitarian Foundation has the capacity to redistribute medicine from England and Canada to the hospitals in Erbil, Sulaymaniyah and Halabja. Other countries that benefitted from hygiene products from Bring Hope are Nigeria, Guinea, Congo, Pakistan and Bangladesh, through direct collaboration with organizations and governmental institutions that handled the distribution. For Bring Hope the principle is stay the same, namely "Collaboration is the key".

Working together with IHP/UK and HPIC/Canada on the one hand, and hospitals and medical teams on the ground on the other hand, makes this all possible. Another important part to play here is the donors who contribute and cover the transportation costs. In some parts of the world, we can accomplish the transportation with minor costs, via membership in the UNHRD and CSR agreements with transportation companies. In 2020, we are inviting you and your company to support financially the transportation and to mend the missing links in areas of the world where we are less connected in terms of infrastructure.

Bring Hope has enhanced collaboration with UNHRD and the other members thereof. During the annual partner meeting in Copenhagen, a Recycling Committee was formed and Bring Hope Humanitarian Foundation is now a part of this committee. The idea is for UNHRD members to help each other out when items are needed in different places around the world. Sometimes an organization has stock in a warehouse that is not being used. Other organizations can ask to use that stock instead. This is also a way to ensure stock is not stored for longer than what is allowed: a win-win concept for the members. UNHRD has hubs in Accra, Brindisi, Dubai, Kuala Lumpur, Las Palmas and Panama, and provide holistic solutions facilitating humanitarian response. Bring Hope utilizes the hub in Dubai at the moment.

2019 was also the year when Bring Hope started to reach out to Swedish companies for support. Opo Scandinavia, My Esteeme, Beyond Retro and ICA Södertälje have helped in different ways. Bring Hope started a collaboration with Split100 that ensures that youth and sports are given greater opportunity to participate and develop the sports activities in which they are affiliated and active. Split100 is a digital tool and app that provides revenue to the associations connected to the app.

A milestone in 2019 is the heart surgery project, Heart of Hope, which made it possible for two children to travel from Iraq to India with their families and Bring Hope personnel in order to receive the needed proper treatment, not accessible in Iraq. Many thanks to The Lighthouse Cohort and the kind support of Diya Global Foundation.

International Peace Day on September 21st was celebrated together with Cercle Diplomatic in Geneva. This was an opportunity to tell the world what Bring Hope is about and what we are aiming for in the future. An opportunity for the world to join the movement— that is what Bring Hope is becoming, a movement. People connect via the understanding of what is possible in creating a better situation for people, restoring their hope and dignity and in the long run helping to restore communities and set out for a more peaceful life. Goodwill Ambassadors affiliate and with their different skills and networks, they help spread the word and ask for support in the process.

Volunteers join our team on the ground and bring with them different skills to share with the people in the camps as well as with the team. This is invaluable and the team and the volunteers are truly the heart of the organization. At Headquarters in Malmö, Sweden, we have been blessed with highly professional people joining in the more structural work, this too on a volunteer basis. In 2019, a lot of networking and connections were made with high officials and decision-makers and this allowed us to step up a level as an organization. There are many people to thank for great work and support. The warmest appreciation to you all and a special thanks to the team and all the volunteers!





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